Quit Centre™

Quit Centre Quarterly

Dear Health Professional,

Welcome to the latest edition of Quit Centre's newsletter for health professionals.

In this issue, we invite practitioners to listen to season two of the Quit Insights Clinical Series podcast, share important website updates and more.

As we near the end of 2026, we'd like to thank you for your continued engagement with Quit Centre.

Kind regards,
The Quit Centre Team

New Season of the Quit Insights Clinical Series Podcast

Season two of the Quit Insights Clinical Series podcast is available!

The first four episodes are now live:

- Emerging non-therapeutic nicotine products: What health professionals need to know with Dr Michelle Jongenelis - listen here.
- Vaping and health: What the evidence tells us with Dr Wendy Winnall - listen here.
- Clinical connections: Smoking and the liver with Associate Professor Paul Gow - listen here.

- Supporting change: Behavioural strategies to complement Quitline referrals - listen here

Listen now via the Quit Centre website, or wherever you get your podcasts.

New Reviewing Performance (RP) CPD activity for GPs

GPs can now earn CPD hours by listening to season one of the Quit Insights Clinical Series podcast.

After listening to season one of the podcast and reflecting on your practice to complete the Reviewing Performance (RP) activity, your CPD hours for the RP activity will be automatically uploaded directly to your RACGP profile.

Complete the RP activity

Website pharmacotherapy updates

We've updated the pharmacotherapy section of 'I work in' pages to ensure they remain current and responsive to the latest smoking and vaping cessation information.

Learn more

New quitting resources now available

New resources are available for you to share with the people you support - a shisha factsheet and postcard and a nicotine pouches fact sheet and postcard . These resources provide accurate, evidence-based information about shisha and nicotine pouches. They address common misconceptions that these products are safer alternatives to smoking or vaping, highlighting that both shisha and nicotine pouches can harm health and contribute to nicotine addiction.

Both resources emphasise the effects of nicotine and reinforce that free, evidence-based support to quit shisha, nicotine pouches, smoking or vaping is available through Quit.

The resources are free to download and are accessible for a wide range of audiences. The shisha factsheet and postcard are available in both English and Arabic and can be accessed through the Resource Hub.



The National Best Practice Support Service for Nicotine and Smoking Cessation is supported by funding from the Australian Government Department of Health, Disability and Ageing.

Quit acknowledges the traditional custodians of the lands on which we live and work. We pay our respects to Elders past and present, and extend that respect to all Aboriginal and Torres Strait Islander people.

Unsubscribe | Manage Your Preferences | Privacy Statement

Cancer Council Victoria © 2026, All rights reserved.